

Phased Levels of BGA Smart Restart

Bismarck Gymnastics Academy (BGA) Will take every measure to ensure gymnast and staff safety. We will follow the following steps in progression during or ND Smart Restart process.

Level 6: Staff and Gymnasts will follow all of Bismarck Gymnastics Academy's (BGA) North Dakota Smart Restart Guidelines where appropriate. We will have pre-school and daycare classes available and resume birthday parties and open gym times available.

Level 5: Staff and Gymnasts will follow all of Bismarck Gymnastics Academy's (BGA) North Dakota Smart Restart Guidelines. We will begin to welcome pre-school and daycare classes back at a limited capacity.

Level 4: Staff and Gymnasts will follow all of Bismarck Gymnastics Academy's (BGA) North Dakota Smart Restart Guidelines. At this point coaches will be allowed to spot athletes unless specifically refused through either verbal or written communication from gymnast or parent. We will now allow the scheduling of private lessons.

Level 3: Staff and Gymnasts will follow all of Bismarck Gymnastics Academy's (BGA) North Dakota Smart Restart Guidelines. We will now allow the use of the Foam Pit. With gymnasts upgrading skills, it will be necessary to ensure safety.

Level 2: Staff and Gymnasts will follow all of Bismarck Gymnastics Academy's (BGA) North Dakota Smart Restart Guidelines and will introduce Recreational Program with limited capacity. No daycare or pre-school level classes will be held at this time.

Level 1: Staff and Gymnasts will follow all of Bismarck Gymnastics Academy's (BGA) North Dakota Smart Restart Guidelines and will begin with Comp/HS/Show Teams only.

Level 0: Bismarck Gymnastics Academy (BGA) is closed due to mandate and or on-site outbreak. Staff and Gymnasts will follow all of Bismarck Gymnastics Academy's (BGA) North Dakota Smart Restart Guidelines to reopen as soon as deemed safe.